

## Stream Program Safety Pledge

Our first priority is to create a safe, inclusive space for learning, sharing, and collaboration welcoming to people from diverse backgrounds, cultures and perspectives. In addition, our activities are sometimes held outdoors in natural environments and require extra steps to ensure safety. We are also taking steps to create a safe learning experience during the COVID-19 pandemic.

### Ground Rules

The following Ground Rules apply to all participants, volunteers and staff:

**Self-Assess.** Assess your health before the program. If you are experiencing any symptoms of illness, even if minor, do not participate in the program and contact our office via phone (845) 688-3047 or email [info@ashokanstreams.org](mailto:info@ashokanstreams.org). Symptoms to watch for: fever or chills, cough, shortness of breath, sore throat, congestion or runny nose, headache, muscle aches or fatigue, new loss of taste or smell.

**Maintain Physical Distance.** Agree to maintain a physical distance of at least 6 feet between you and other participants that are not from your household. Agree to comply with instructions from event staff to maintain a physical distance of at least 6 feet.

**Keep Yourself and Others Safe.** Agree to the following:

- If at any time during the course of the program you begin experiencing symptoms of illness, immediately alert staff and we will help you safely leave the program.
- Wear a mask or face covering that covers your nose and mouth. Let us know before the event if you are medically unable to wear a face covering. We will provide you with a mask if needed.
- Agree to wear gloves if required for an activity. We will provide non-latex gloves if needed.
- Avoid sharing objects with other participants who do not live in your household. If sharing objects is part of an activity, wear gloves and use hand sanitizer before and after sharing.
- We will provide hand sanitizer at the event, but feel free to bring your own.
- Stay with your assigned group (if you have one) for the duration of the program unless staff allow otherwise. Let the event leader know if you need to leave the group.
- Leave all pets at home. Service animals are allowed. Please provide us with pre-notification that a service animal will be attending.
- Ensure minor children in your care adhere to these health and safety protocols.

**Respect Property.** Follow any rules and regulations of the landowner or managing entity (public or private) at the event location.

**Respect Streams.** Moving water can be deceptively powerful, even low water may contain hidden currents that can knock you off balance. Stay away from the edges of water bodies except during planned group activities. Watch where you walk and look out for uneven ground.

**Leave No Trace.** We ask participants to join us in following Leave No Trace principles when visiting natural areas: Plan Ahead & Prepare, Travel & Camp on Durable Surfaces, Dispose of Waste Properly, Leave What you Find, Minimize Campfire Impacts, Respect Wildlife, and Be Considerate of Other Visitors. Visit <https://lnt.org/why/7-principles/> for more information.

**Dress Appropriately.** Wear clothing suited for the activity. Weather can change fast in the mountains. Bring gear for sun, rain and a sudden cool down. Don't forget your sunscreen and bug repellent if using. Wear closed-toed shoes appropriate for walking on rocky ground.

**Be a Team Player.** Work cooperatively with event staff, volunteers and all involved in programs and activities. Be responsive to requests from the person in charge.

### Consequences

Any of the following may occur, depending on severity of the situation:

1. Participant will receive a verbal request/warning.
2. Participant may remain at the event, but may possibly be barred from a future event.
3. Participant may be asked to leave the event/activity. If a youth, the parent(s) will be called and the youth will be sent home at family's expense.

Ashokan Quarry Fall Foliage Watershed Walk, October 3, 2020

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