

# Messy Rivers are Healthy Rivers



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# Background

- shifting baseline of perception
- environmental context (process domain, biome)
- what is natural? (natural range of variability, reference conditions, land use history, natural flow & sediment regimes)
- the 4 Cs of river health (connectivity, complexity, change, capacity)

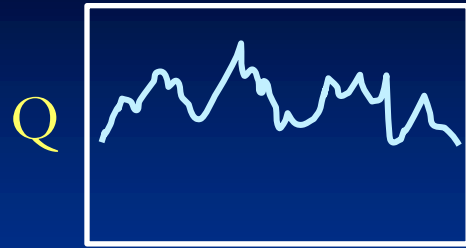


# Shifting baseline of perception

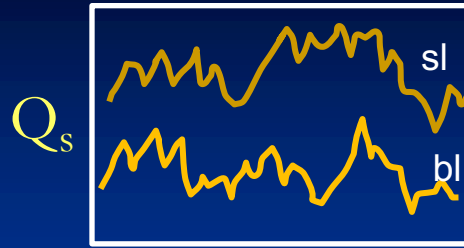
## River Pollution: An Ecological Perspective



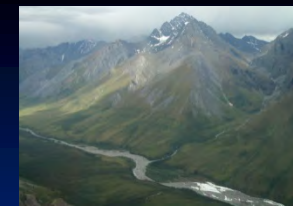
# Natural flow & sediment regimes



time



time



water ( $Q$ ) & sediment ( $Q_s$ )  
inputs include  
downstream + lateral



valley  
geometry

substrate

vegetation

valley context



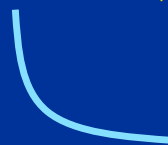
river geometry



cross sectional  
geometry



planform



gradient

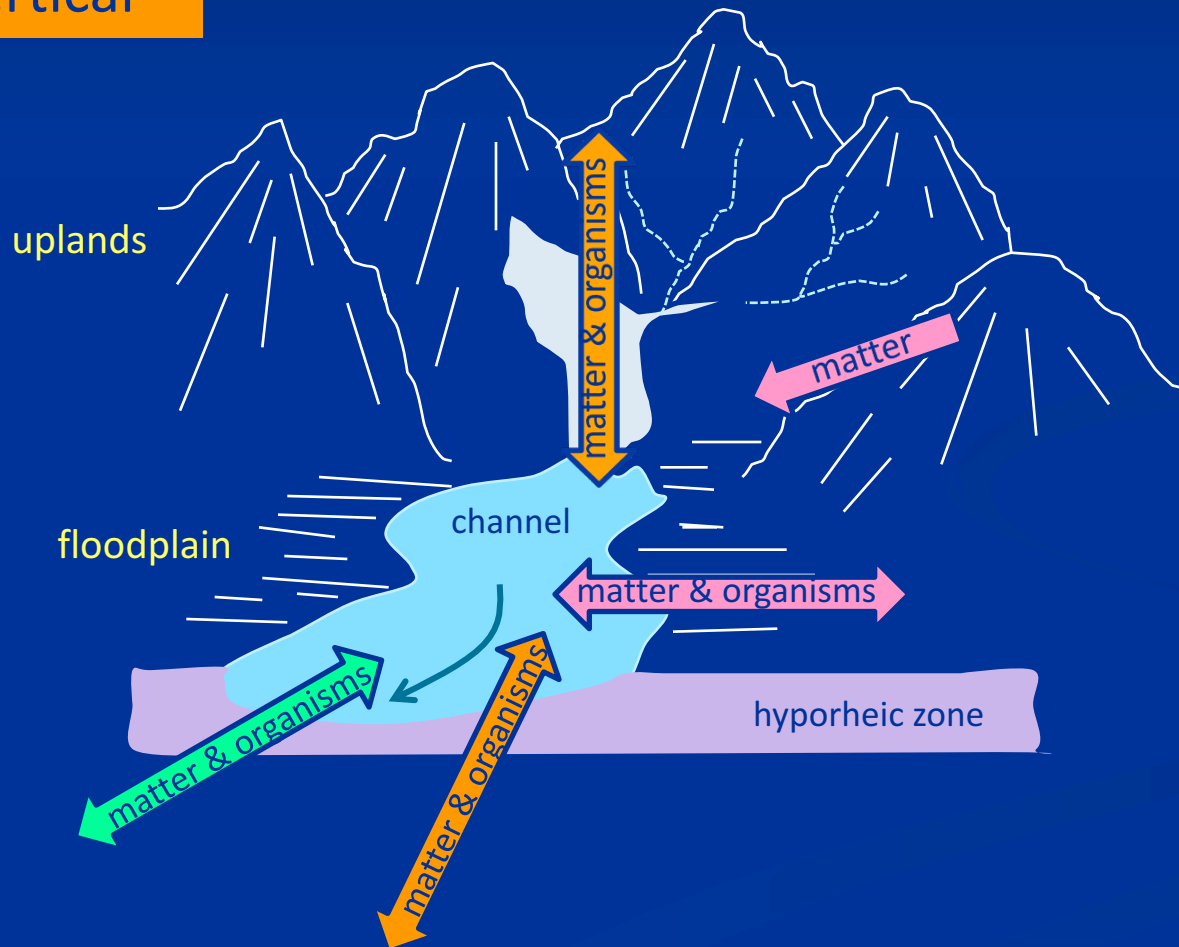
# Connectivity

lateral

longitudinal

vertical

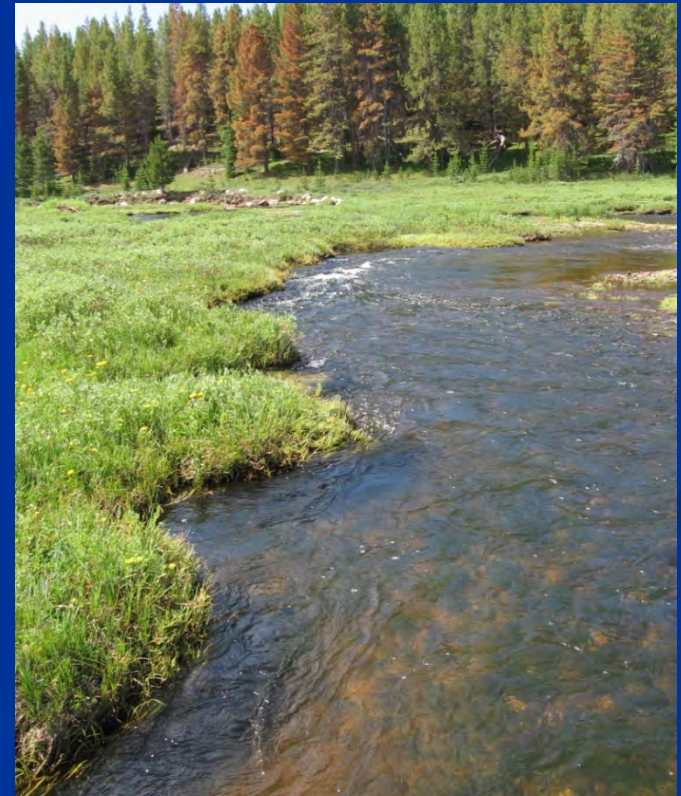
(water, sediment, solutes, nutrients, contaminants, biota)





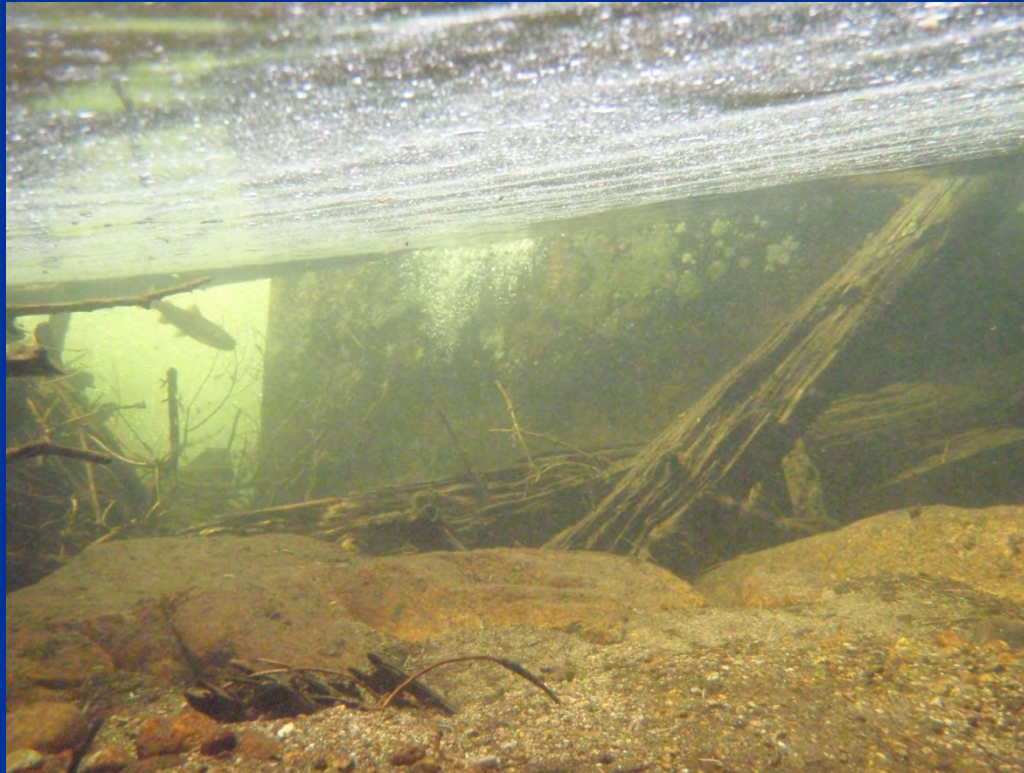
# Forms of Physical Complexity in Rivers

- stream bed (sediment, bedforms, wood)
- stream banks (vegetation, sediment, other)
- cross-sectional form (bedforms, meander bends)
- planform (river & floodplain) (sinuosity, no. of channels)



# Implications of Physical Complexity in Rivers

- habitat abundance & diversity
- resistance & resilience (fire, flood, drought , climate change, resource use)
- retention (water, sediment, nutrients – bio-availability, dispersal)

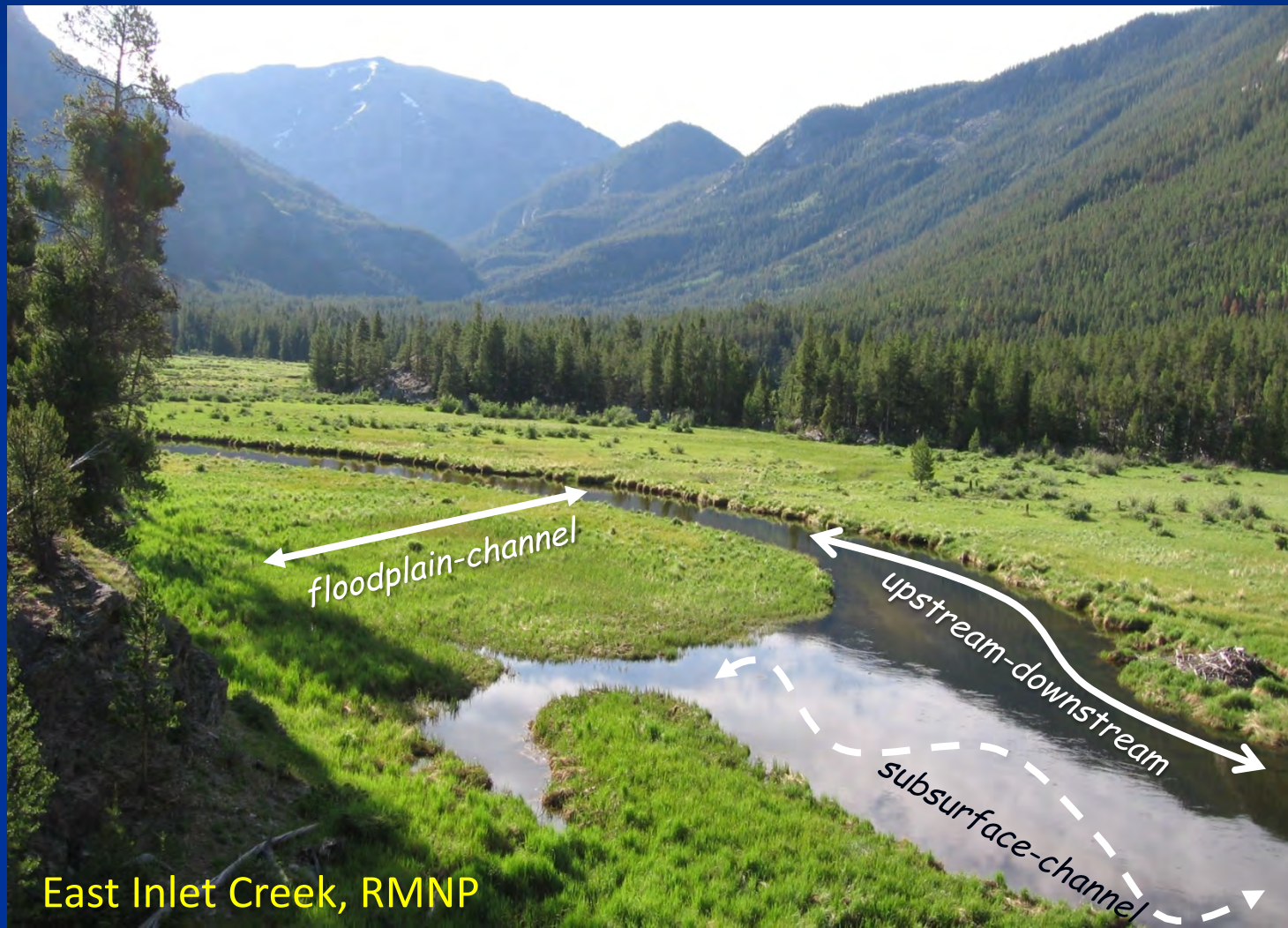




# Implications of Complexity

- connectivity

(channel-subsurface, channel-floodplain, upstream-downstream)





# Mountain river metamorphosis

complex to simple

driven by presence or absence of  
channel-spanning logjams  
beaver dams









# Logjams and/or beaver dams =

overbank floods  
high water table  
surface-subsurface exchange  
complex channels  
sediment storage  
nutrient storage  
biotic diversity





# River metamorphosis: leaky rivers as biotic drivers – & physical complexity – are lost





# Evidence that Messy = Healthy

- **valley bottom organic carbon storage**  
(unconfined valley segments < 25% of total river length, but contain ~75% of carbon present in valley bottoms: this is ~23% of total carbon in landscape, although river valleys occupy <1% of landscape)
- **riverine complexity & bioproductivity**  
(greater physical complexity, OM storage, nutrient uptake, & biomass & diversity of fish and riparian spiders in streams with old-growth forest)



Fish biomass per unit length of river

# Alternative states for river physical complexity

logjams



wood-rich

wood-poor

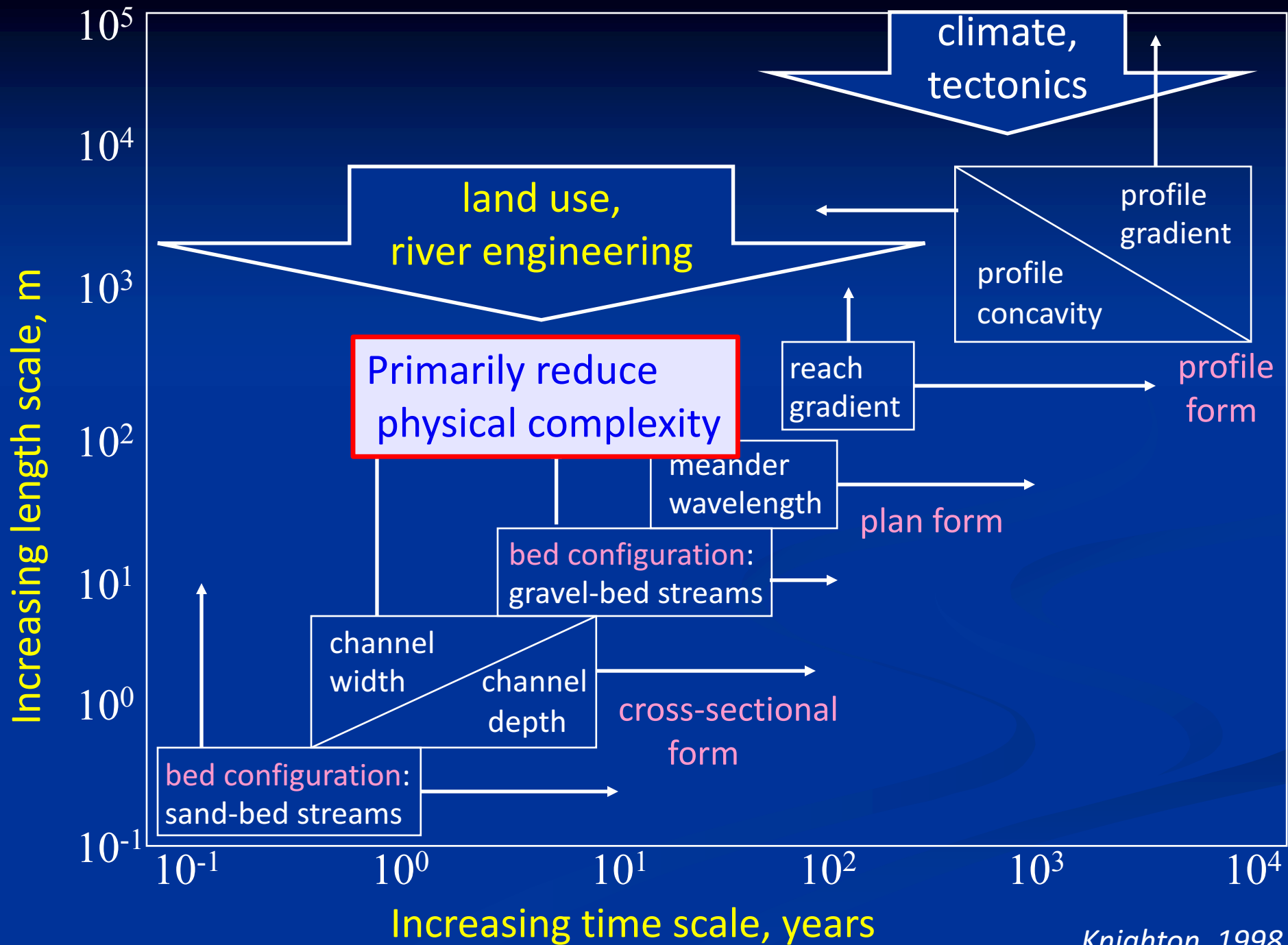
beaver dams

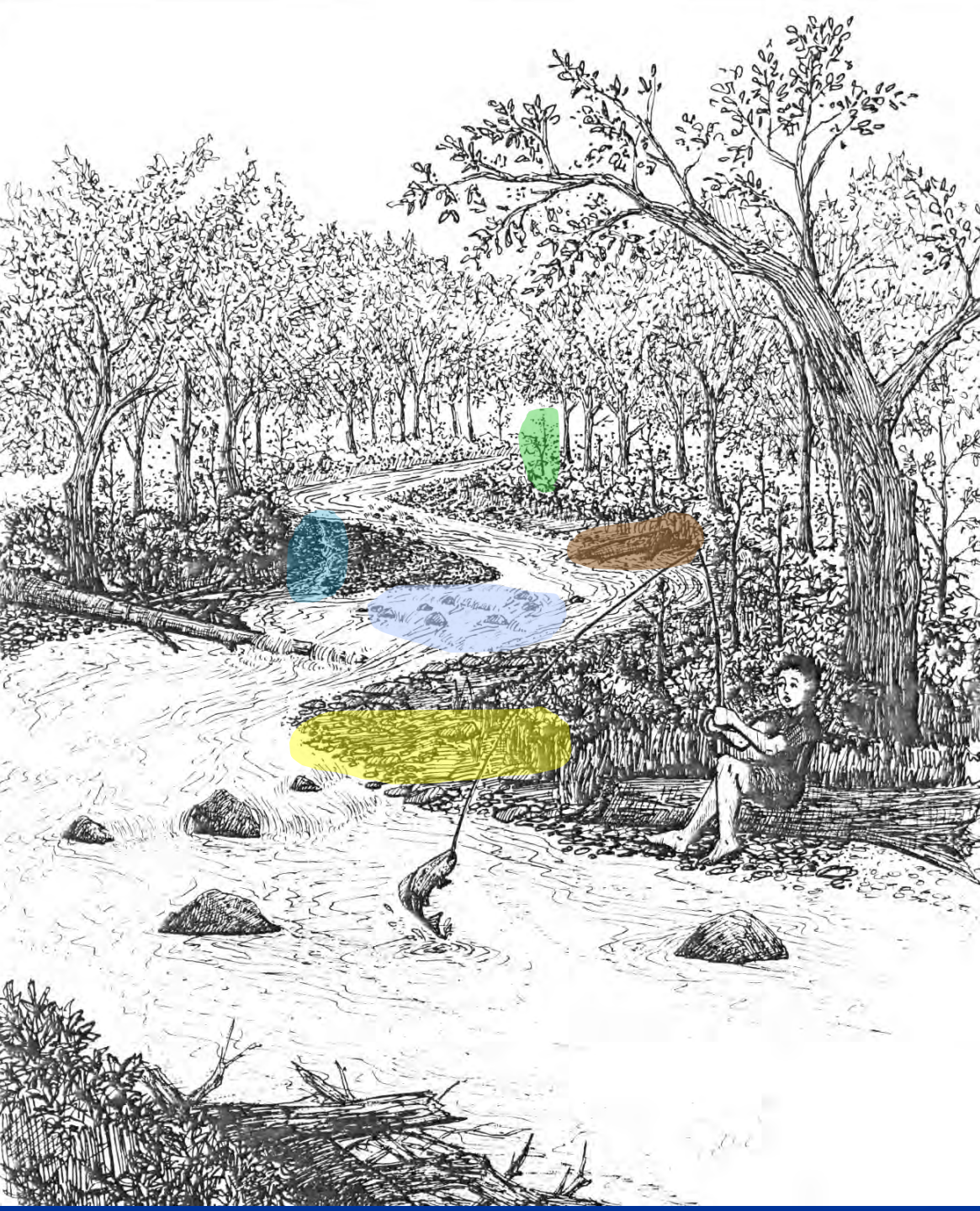


beaver meadows

elk grasslands







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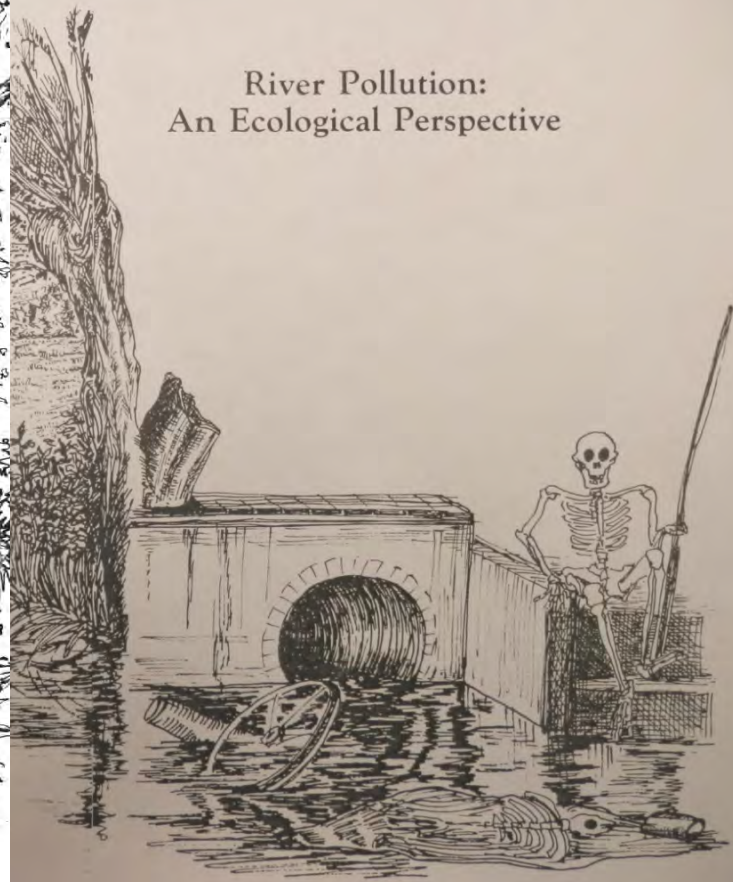


Illustration by Maisie Richards

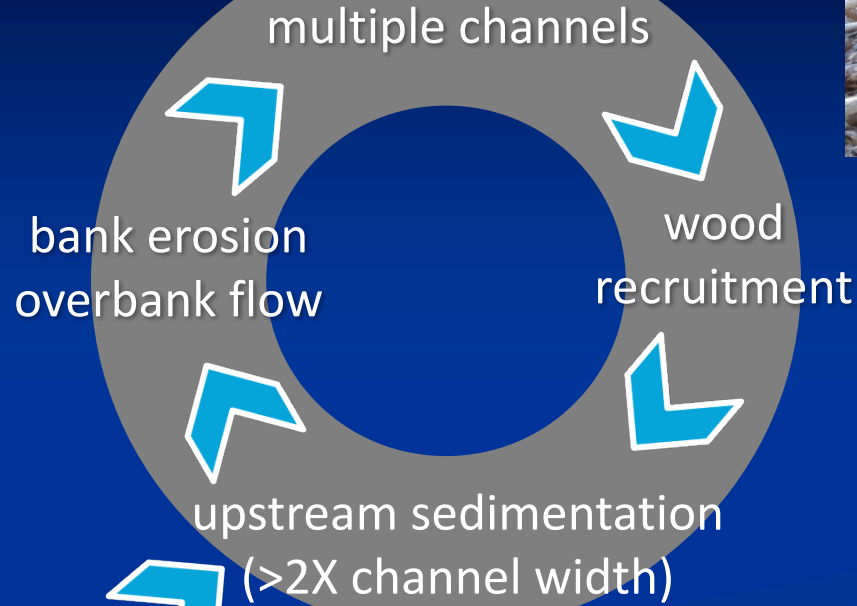


# Conceptual Model for Logjams

*extensive  
persistent  
complex*



treefall ➔ ramped piece



*low gradient  
wide  
old growth*



logjam

upstream sedimentation  
(1-2X channel width)

*steep  
narrow*

*local  
transient  
simple*

